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Holi Festival, India and Nepal

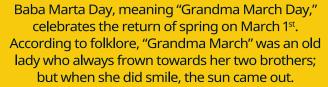


Commonly known as the festival of colours, Holi is a Hindu tradition in India and Nepal that celebrates the end of gloomy winter days. This holiday is so sacred that even local markets and businesses are expected to close shops in preservation.

During the first full moon of March, people light bonfires to celebrate the joy of good over evil, and then apply sacred ashes on their foreheads to protect themselves against evil. The following morning, Holi begins. The entire neighbourhood comes together and throws coloured water and powder towards each other in celebration.



Baba Marta Day, Bulgaria



While there are different versions of the tale, nowadays most Bulgarians wear a small martenitsa adornment, made of white and red yarn, to symbolise their wish for good health and the coming of spring. Bulgarians wear the martenitsa until end of the month, when the first signs of spring arrive. Many people then tie their martenitsas to fruit trees for good luck.





Songkran Festival, Thailand

The Songkran Festival, which is in conjuction with the Thai New Year, occurs each year from 13 April till 15 April, for three days. It's the time to clean, reflect, and pay respect to your neighbours, family, and the elderly.

During the festival, people bring food to local monks and bathe Buddha statues in water. While younger generation pour scented water over the hands of their elders for luck and prosperity. Over the years, this tradition has evolved to include a massive water fight with water balloons and super soakers.



Las Fallas, Spain





Las Fallas is a tradition honouring Saint Joseph in the region of Valencia, Spain. This celebration officially begins on March 1st with a mascletà (a loud firework show) which recurs every afternoon until March 19th.

During the final week of the festival, music fills the streets, participants wear traditional outfits, and party in the streets until sunrise. In preparation, each neighbourhood spends months creating giant, papier-mâché statues to be displayed around the city.



Bloemencorso Bollenstreek, Netherlands

Hanami, Japan

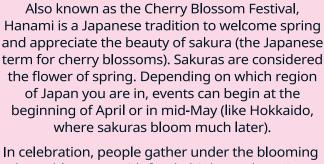






Bloemencorso Bollenstreek is held annually on the third Saturday of April with the parade coasting through eight different cities stretching out about

40 kilometers. Around 50 flower floats set off from Noordwijk town with a merry marching band keeping the energy up during the parade.



In celebration, people gather under the blooming cherry blossoms with food, drinks, and music to bond and meet new friends. At night, the trees are

illuminated to continue the festivities in a romantic custom called Yozakura.





Sources:

- 1. https://www.westernunion.com/blog/spring-festivals-around-the-world/
- 2. https://en.blog.kkdav.com/28096/6-awesome-spring-festivals-around-the-world
- 3. https://www.visitsingapore.com/en_my/festivals-events-singapore/cultural-festivals/chinese-new-year/
- 4. https://www.holland.com/global/tourism/travel-inspiration/traditional/tulip-season-in-holland.htm#:~:text=Tulip%20season%20in%20Holland, followed%20by%20daffodils%20and%20hyacinths.&text=See% 20over%20seven%20million%20flower, towards%20the%20end%20of%20April.
- 5. https://www.kids-world-travel-quide.com/chinese-new-year.html

Help Sara count each drawing















Make your own easy and fast colourful egg carton butterfly.

*Parental guidance recommended.

Materials:

- Your favourite
 3-4 colour paints.
- 2. Recycled egg carton
- 3. Scissors
- 4. Straw cleaner
- 5. Paint brush





Start by cutting a section of an egg carton that has 4 cups. Trim off the sides so they are smoother and cut the edges so it goes inward.



2

Take one straw cleaner and wrap it around the bottom and twist at the top to make butterfly antennas. Choose 3-4 colored paints and do rings around each egg carton cups.



Take another paint brush and pull it down through each ring of colours. It makes this awesome tie dye effect! Let it dry and you're done!



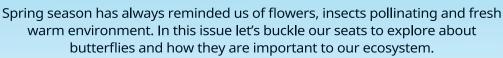






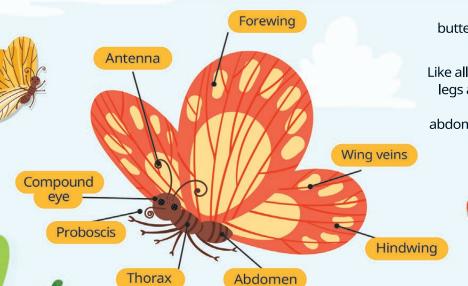
What is a butterfly?





Butterflies are the adult flying stage of certain insects belonging to an order or group called Lepidoptera. The word "Lepidoptera" means "scaly wings" in Greek. This name perfectly suits the insects in this group because their wings are covered with thousands of tiny scales overlapping in rows.

There are about 17,500 species of butterflies in the world. Butterflies (and moths) are the only group of insects that have scales covering their wings, although some butterflies have reduced scales.

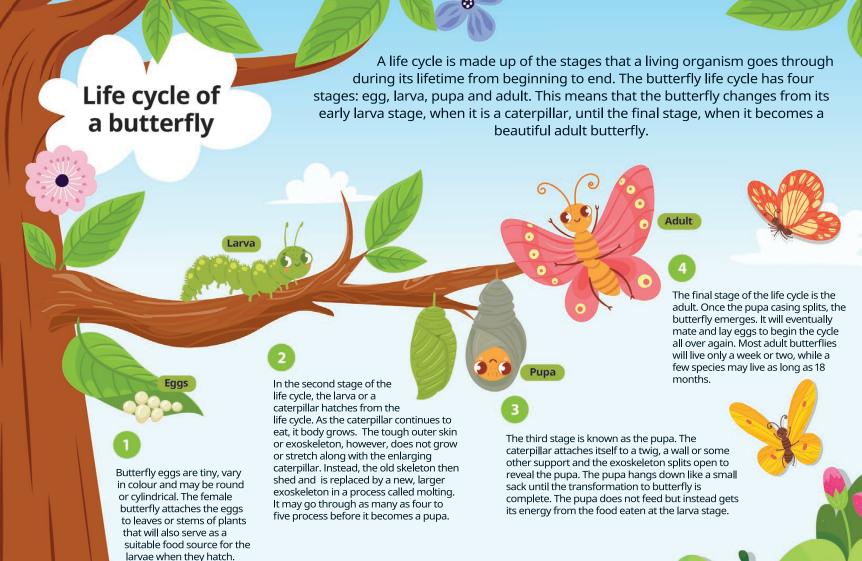


There are about 2,000 species of butterflies in South Asia and about 650 species in South East Asia.

Like all other insects, butterflies have six legs and three main body parts: head, thorax (chest or mid section) and abdomen (tail end). They also have two antennae and an exoskeleton.



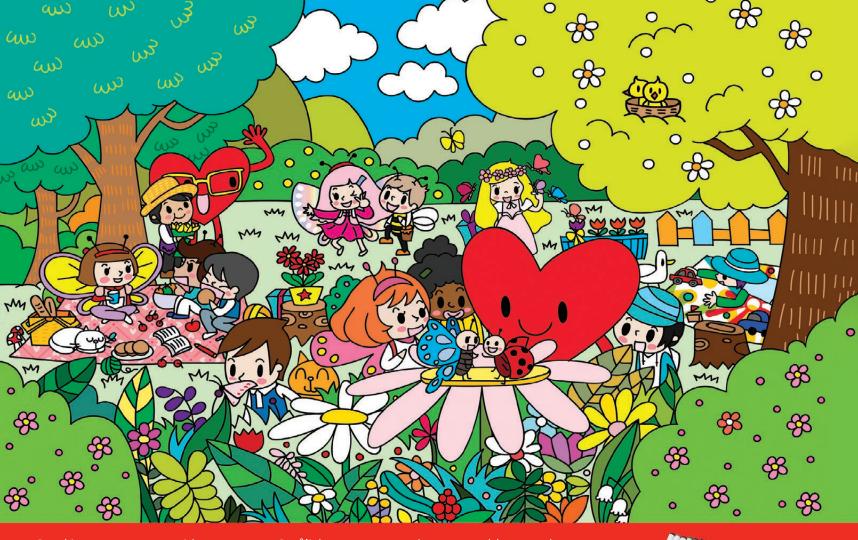






Spot the difference

Can you spot 20 differences? Circle and number each difference you can find!



Send in your answers with your name, Smålish passport number, age, address and contact details to sara@smales.com.my or smales, No.2, Jalan PJU 7/2, Mutiara Damansara, 47800 Petaling Jaya, Selangor by 15 May 2021. 30 lucky winners will each win a MÅLA Wax crayon.





Butterflies are complex creatures. Their day-to-day lives can be characterised by many activities. Let's get to know what butterflies do in their daily lives.





FEEDING

Caterpillars are very particular about what they eat, which is why the female butterfly lays her eggs only on certain plants. She naturally knows what plants will serve as suitable food for the hungry caterpillars that hatch from her eggs. They don't move much and spend their entire live on the same plant or even the same leafl



Butterflies are cold-blooded, meaning they cannot regulate their own body temperature. As a result, their body temperature changes with the temperature of their surroundings. If they get too cold, they are unable to fly and must warm up their muscles in order to resume flight. Butterflies bask with their wings spread out in order to soak up the sun's heat.



Butterflies also cannot withstand winter conditions. Butterflies may survive cold weather by hibernating in protected locations such as the peeling bark of trees, perennial plants, logs or old fences as their overwintering sites. They may hibernate at any stage (egg, larva, pupa or adult).

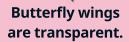
CAMOUFLAGE

Butterflies and caterpillars are preyed upon by birds, spiders, lizards and various other animals. One of the ways to protect themselves is through the use of camouflage. For example, many caterpillars are green, making them difficult be to detected because they blend in with the host leaf. The coloration and pattern of a butterfly's wings may enable it to blend into its surrounding. Some may look like dead leaves on a twig when they are at rest with their wings closed









Butterflies have four wings, not two as you may think. The wings of butterflies and moths, with their vibrant colours and patterns, are actually made up of tiny scales.

Butterflies need heat to be able to move. When you see them resting in the sunshine, they are warming up their wings so they can fly.

The largest
butterfly in the world
is the female Queen
Alexandra's birdwing,
with a wingspan of
over 25cm!
(Which is pretty huge!)

Butterflies drink from mud puddles. It's also common to see groups of male butterflies fluttering around mud puddles to slurp up the minerals found in them for dinner. This gathering is also known as "puddle clubs"

Female butterflies attach their eggs to leaves with a special sticky glue to help keep the eggs stuck in a place.

The fastest flying butterflies are the Skippers who can fly at up to miles per hor

30 per hour.

Why are butterflies important

There are many reasons why butterflies are important. Come let's explore more.

Essential value

- Butterflies are part of life on earth and an important component of its rich biodiversity.
- They have been around for at least 50 million years.
- Butterflies are flagship species for conservation in general, and in particular for invertebrates.

Art value

- Butterflies and moths are part of our natural heritage and have been studied for over 300 years.
- There are many references to butterflies in literature, and from poetry to musical lyrics.
- Butterflies are often portrayed as the essence of nature or as representing freedom, beauty or peace.

Educational value

- Butterflies and moths have fascinating life-cycles that are used in many countries to teach children about the natural world.
 The transformation from egg to caterpillar to pupa is one of the wonders of nature.
- Other educational aspects include the intricate wing patterns and iridescence, and as examples of insect activities.

Economic value

 Thousands of people travel around the world each year looking for butterflies.
 From butterfly farms and gardens' visits, eco-tours bring valuable income to many countries around the world which contributes to the economic values.



Sources:

https://www.uky.edu/hort/butterflies/all-about-butterflies https://www.penguin.co.uk/articles/children/2019/jan/amazing-butterfly-facts-for-kids.html



How can we help butterflies?

There are many ways we can contribute to help save the environment and butterflies:



Don't Use Pesticides in Your Own Garden

As many pesticides contains chemicals and its harmful to the environment. Try using alternatives like barriers and traps or polyculture



Read about butterflies and learn more about their lives

Gaining knowledge on something is always an advantage and it helps us to grow to become a better person who appreciates the nature and be more responsible.

Planting flowering plants at home

By planting flowering plants outdoors, it will attract the butterflies and help with all the needs in all the life stages of a butterfly. That includes places to lay eggs, food plants for the larvae (caterpillars), places to form pupae and nectar sources for adult butterflies.

Starting your own plant project

What you need:

- Soil
- Some compost (Get guidance from parents)
- Plant pot
- Morning glory or sunflower seeds/seedlings

Steps:

- 1. Add soil to a pot and then add your seeds/seedling
- 2. Water it till the soil is slightly wet
- Put it at a place with some sunlight (not too little or too much!)
- 4. Water it daily
- 5. Watch it grow!











Lam Xiang Rou, 6 years old



Yan Yun Ann, 5 years old



Last issue's theme: Sara and Bugbug were relaxing at a beautiful garden by the lake, what do you think they see?

Sara and Bugbug are swimming at the beach while enjoying the beautiful sunset. Draw your most creative and unimaginable sunset view. A sunset that nobody has seen before.

Include your name, age, Smålish passport number and address, and send your drawing to sara@smales.com.my or smales, No 2, Jalan PJU 7/2, Mutiara Damansara, 47800 Petaling Jaya, Selangor by 15 May 2021. 2 lucky winners will each win a UPPRYMD Box.





It's a beautiful day with sun ray shining through the window and colourful flowers flourishing at the front yard. Sara and Bugbug were having their teatime and adoring the beautiful nature and flying birds. Slowly the cloud starts to turn gloomy and it's raining. Sara and Bugbug quickly keep their things and run into house.

BugDug: I don't think we should stay at home until the rain stop. How about we go to the shop for teatime.

Sara: Ok, let's go now.

They take an umbrella and go out. Soon after later, they stop at the front of BR ice cream shop.

ra: I am excited to have an ice cream.

Bugbug: Me too. Let's go inside and see

They saw many flavours of ice cream such as vanilla flavour, strawberry flavour, chocolate flavour, etc. They saw many flavours of ice cream cake too. Sara choose the strawberry ice cream and Bugbug eat the chocolate ice cream. Half an hour later, the rain has stop. Sara and Bugbug has finished their tea time and they go back home happily.

Teh Sher You, 5 years old

Best letter

It's a beautiful day with sun shining through the window and colourful flowers flourishing at the front yard. Sara and Bug Bug were having their tea time and enjoying the mesmerizing sight of beautiful birds flying about. Slowly, the clouds started to turn gloomy and lightning struck. Rain started pouring and thunder was clapping loudly. A raging storm had occurred! Sara and Bug Bug were in deep disappointment because they couldn't have their tea time peacefully and admire the beautiful nature. All the animals went back to their own safe zone. Sara and Bug Bug, however, were staying home feeling bored. They then decided to play a game of chess indoors. They also played a lot of other indoor card and board games to keep themselves entertained! Chatters and laughter filled the room amidst the raging noise outside. It wasn't so bad staying indoors after all, as long as one has good companies!

Samuel Hoe Yung Chen, 6 years old

Last issue's theme:

It's a beautiful day with sun ray shining through the window and colourful flowers flourishing at the front yard. Sara and Bugbug were having their tea time and adoring the beautiful nature and flying birds. Slowly the cloud starts to turn gloomy and....

Besides swimming and enjoying the summer holidays. Sara and Bugbug are bored as they would like to read something interesting. Write a letter to Sara and Bugbug on what you like the most about Malaysia and your favourite places to visit.

Include your name, age, Smålish passport number and address, and send your letter to sara@smales.com.my or smales, No 2, Jalan PJU 7/2, Mutiara Damansara, 47800 Petaling Jaya, Selangor by 15 May 2021. 2 lucky winners will each win a VESSLA Storage.



